



A MINUTE OF HEALTH WITH CDC

Teens Take the Wheel

National Teen Driver Safety Week — October 18-25, 2015

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[Announcer] This program is presented by the Centers for Disease Control and Prevention.

Motor-vehicle crashes are the leading cause of death among teens. Immaturity, lack of driving experience, and not wearing seatbelts are major contributors. Graduated driver licensing programs, enacted by all states and the District of Columbia, led to a significant decrease in fatal crashes. These programs place specific limits on newly licensed teenaged drivers. However, nothing can replace the influence of parents on new drivers.

Parents—model safe driving habits, make sure your teen always wears a seatbelt, and practice driving together as often as possible.

Thank you for joining us on a Minute of Health with CDC.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.