



## **A MINUTE OF HEALTH WITH CDC**

### *Child Passenger Safety*

*National Child Passenger Safety Week — September 18–24, 2016*

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*[Announcer] This program is presented by the Centers for Disease Control and Prevention.*

Using the correct car seat for your child can be a lifesaver. In 2014, 602 children 12 and younger died, and more than 121,000 were injured in motor vehicle crashes in the U.S. About one-third of those who died were unrestrained.

Make sure children are buckled up in car seats or booster seats that are appropriate for their age and size until adult seat belts fit properly. The back seat is the safest place to ride for all children under 13.

Certified technicians can check that car seats are properly installed. Always remember to buckle up on every trip.

Thank you for joining us on a Minute of Health with CDC.

*[Announcer] For the most accurate health information, visit [www.cdc.gov](http://www.cdc.gov) or call 1-800-CDC-INFO.*