



A MINUTE OF HEALTH WITH CDC

Good Night Bugs

*Acute Illnesses Associated with Insecticides Used to Control Bed Bugs —
Seven States, 2003–2010*

Recorded: September 27, 2011; posted: September 29, 2011

This program is presented by the Centers for Disease Control and Prevention.

Bed bugs are an increasing problem in the US and around the world. It's not just the infestation, but also the cure that's causing illness in humans.

Bed bugs are not known to carry diseases, but in recent years, many people have become sick from insecticides used to control the pesky insects. Many problems have resulted from misuse of these chemicals, such as overuse or failure to wash or change bedding treated with insecticide.

Use of toxic chemicals is not always necessary to stop infestations. If you've got bed bugs, check with a licensed professional exterminator about safe and effective ways to treat the problem.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.