



## **A MINUTE OF HEALTH WITH CDC**

### *Shots for Teens*

*National and State Vaccination Coverage Among Adolescents Aged 13-17 Years — United States, 2011*

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*This program is presented by the Centers for Disease Control and Prevention.*

Just because they're growing up doesn't mean they've outgrown vaccinations. Teenagers are at risk for certain diseases that can be prevented through proper and timely immunizations.

Four vaccinations are recommended at ages 11 or 12 years. These include tetanus/diphtheria/pertussis, meningococcal, human papillomavirus (or HPV), and flu vaccines. HPV vaccine is recommended for both boys and girls and can prevent cervical and other cancers.

Parents - keep accurate records of your child's immunizations and be aware of changes and updates in recommendations. If you're unsure, check with your child's health care provider.

Thank you for joining us on *A Minute of Health with CDC*.

*For the most accurate health information, visit [www.cdc.gov](http://www.cdc.gov) or call 1-800-CDC-INFO.*