



## **A MINUTE OF HEALTH WITH CDC**

### *Kids in Cars*

*National Child Passenger Safety Week — September 13-19, 2015*

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*[Announcer] This program is presented by the Centers for Disease Control and Prevention.*

Motor vehicle crashes can happen any time. Children are especially at risk for injury and death. In 2013, 638 children under the age of 13 died in crashes and almost 4 out of 10 were unrestrained. Proper restraint of children in the back seat could be the difference between life and death. Among children younger than four, restraints save more than 250 lives each year. Keep child passengers as safe as possible; properly restrain children under the age of 13 in the back seat. If you're unsure about how to keep your children safe, check with your local police or fire department.

Thank you for joining us on a Minute of Health with CDC.

*For the most accurate health information, visit [www.cdc.gov](http://www.cdc.gov) or call 1-800-CDC-INFO.*