



## A MINUTE OF HEALTH WITH CDC

### *Dying for Pain Relief*

*Overdoses of Prescription Opioid Pain Relievers and Other Drugs Among Women – United States, 1999-2010*

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*[Announcer] This program is presented by the Centers for Disease Control and Prevention.*

It's an increasingly common story: a woman found dead from a prescription pain killer overdose. Men *are* more likely to die from an overdose, however, in the past decade, deaths have skyrocketed among women. In 2010, over 6600 women died from overdosing on these drugs. One reason is that women are more likely to have chronic pain than men, so they're prescribed pain killers more often and in higher doses.

If someone you know is struggling with prescription pain killers, encourage them to contact a health care provider or call 1-800-662-HELP.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit [www.cdc.gov](http://www.cdc.gov) or call 1-800-CDC-INFO.