



A MINUTE OF HEALTH WITH CDC

Summer Swimming Safety

Outbreak of Cryptosporidiosis Associated with a Splash Park — Idaho, 2007

Recorded: June 9, 2009; posted: June 11, 2009

This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

A trip to a splash park or pool with the kids can be a great way to spend a hot summer day. But several waterborne illnesses can be lurking in public water play areas. Many, such as cryptosporidiosis, are caused by fecal matter in the water. Common symptoms include diarrhea, vomiting, stomach cramps, and nausea. To help prevent illness, visitors should follow instructions posted at splash parks and pools. Persons with diarrhea shouldn't play in the water, only change diapers in designated areas, shower with soap, wash your child's bottom well before getting into the water, and don't drink the water you play in.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.