



A MINUTE OF HEALTH WITH CDC

Hand, Foot, and Mouth Season

*Severe Hand, Foot, and Mouth Disease Associated with Coxsackievirus A6
— Alabama, Connecticut, California, and Nevada, November 2-11–
February 2012*

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This program is presented by the Centers for Disease Control and Prevention.

As the weather warms, the chances of getting the common childhood illness, hand, foot, and mouth disease, increase. It typically occurs in the summer and fall, mostly among children under five. The disease is transmitted by coughing, sneezing, or encountering unsanitary conditions.

People often have no symptoms; however, when they do, fever, rash on the hands and feet, and sores in the mouth are common. If you have these symptoms and they're severe, contact your health care provider.

Good hygienic practices, such as frequent hand washing and keeping living areas clean, are the best ways to prevent hand, foot, and mouth disease.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.