



A MINUTE OF HEALTH WITH CDC

RSV for Young and Old

Respiratory Syncytial Virus Activity — United States, July 2008–December 2009

Recorded: March 23, 2010; posted: March 25, 2010

This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

Respiratory syncytial virus, or RSV, is one of most common causes of bronchiolitis and pneumonia in infants and the elderly. Each year, up to 150,000 children under one and 177,000 adults over 65 are hospitalized with RSV. It's highly contagious and commonly transmitted in daycare centers, nursing homes, and schools. Symptoms include fever, cough, runny nose, wheezing, and sometimes difficulty breathing. Most people infected with RSV can be cared for at home. Your doctor can advise you on proper care and determine whether hospitalization is needed.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.