



A MINUTE OF HEALTH WITH CDC

Preschool Flu Prevention

*Impact of Requiring Influenza Vaccination of Children Attending Licensed
Childcare or Preschool Programs — Connecticut, 2012–13 Influenza
Season*

Recorded: March 4, 2014; posted: March 6, 2014

[Announcer] This program is presented by the Centers for Disease Control and Prevention.

In the U.S., many young children go to day-care centers and preschools; these environments put them at higher risk for influenza. Children under five can have serious complications from the flu, including hospitalization and even death.

While an annual flu vaccine is recommended for *all* children six months and older, fewer than 70 percent get vaccinated each year. An annual influenza vaccination is the *most* effective way to avoid this potentially dangerous illness. It's safe and kids should get it each year, as soon as it's available. Talk to your child's health provider about getting a flu vaccine.

Thank you for joining us on *A Minute of Health with CDC*.

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