



A MINUTE OF HEALTH WITH CDC

Deadly Drugs

*Reported Use of Prescription Opioid Pain Medication by Adults — Utah
2008*

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Doctors today prescribe a variety of drugs to cure illness and ease the symptoms of their patients. Unfortunately, in the U.S., illicit use of prescription pain medicine has resulted in an increased number of fatal and nonfatal overdoses. In 2008, an estimated 15 million Americans illicitly used prescription pain medicine. A recent CDC study found that pain medication prescribed to a patient is often being used by friends or family members to relieve stress or get high. Immediately dispose of extra prescription pain medicine or keep it under lock and key. This will prevent ingestion by children and misuse by others.

Thank you for joining us on *A Minute of Health with CDC*.

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