



A MINUTE OF HEALTH WITH CDC

Wash Your Hands – Don't Share Germs!

*Norovirus Outbreak in an Elementary School — District of Columbia,
February 2007*

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This program is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.

Health officials investigated a norovirus outbreak in a Washington D.C. elementary school. About one in four students and teachers developed an illness with symptoms of nausea, vomiting, and diarrhea. Norovirus causes most acute outbreaks of this type in the U.S.

This illness is usually spread by direct person-to-person contact, but contamination of a shared computer keyboard and mouse contributed to spreading the illness, in this case.

The spread of norovirus during outbreaks can be reduced by following these recommendations:

- wash hands frequently and thoroughly,
- those who are ill should stay away from others, and
- shared surfaces and equipment should be disinfected between users.

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To access the most accurate and relevant health information that affects you, your family and your community, please visit www.cdc.gov.