



A MINUTE OF HEALTH WITH CDC

How Often to Get a Pap Test

Cervical Cancer Screening Among Women Aged >30 Years, With or Without a History of Hysterectomy – United States, 2000-2010

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[Announcer] This program is presented by the Centers for Disease Control and Prevention.

Cervical cancer has declined in the US, however every year over 12,000 women are diagnosed and 4,000 die. The decline is largely due to Pap testing and follow-up. Pap testing is no longer recommended every year.

Beginning at age 21, women should have a Pap test every *three* years. At age 30, they can choose to get a Pap test *and* an HPV, or human papillomavirus, test and extend screenings to every *five* years. Most women can stop getting screened after age 65 or after a total hysterectomy, unless it was related to cancer.

All women should talk to their health care provider and develop a plan for screening for cervical cancer.

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