

## **National Influenza Immunization Week – Script for Flu Tips #1 Podcast**

### Narrator

This podcast is presented by The Centers for Disease Control and Prevention. CDC - Safer. Healthier. People.

### Dr. Julie Gerberding, Director, CDC

National Influenza Vaccination Week is a reminder that the flu vaccine is the best way to protect yourself and your family against the flu.

Influenza is a serious disease. Every year about 36,000 Americans die from this illness. And about 200,000 people are hospitalized.

The best way to commemorate this week is to get yourself and your loved ones vaccinated against the flu.

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For the latest information on the flu, log onto [cdc-dot-gov-slash-flu](http://cdc-dot-gov-slash-flu), or call 1-800-CDC-INFO.

Don't let the flu ruin your winter. Get vaccinated today.

To access the most accurate and relevant health information that affects you, your family and your community, please visit [www.cdc.gov](http://www.cdc.gov).