

Teen Drinking and Driving – What You Need to Know

This program is presented by the Centers for Disease Control and Prevention.

It's illegal and dangerous for teens to drink any alcohol and then drive. Still, one in ten high school teens drank and got behind the wheel of a car in 2011.

If you're a parent, be aware that when teens drink, it's usually to get drunk. Teenagers can't legally buy alcohol, but many get it from their homes or the homes of their friends.

Drinking and driving is *never* okay. Make sure your teenager has a safe way to get home in case they're out with a teen driver who's been drinking. Put this in a parent-teen driving agreement, which should also include wearing a seat belt and following their state's graduated driver licensing laws *every* time they're behind the wheel. Find a sample at www.cdc.gov/ParentsAretheKey. Parents really are the key to safe teen driving.

Learn more at www.cdc.gov/vitalsigns.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.