

CDC Vital Signs

New Hope for Stopping HIV

Testing and Medical Care Save Lives

This program is presented by the Centers for Disease Control and Prevention.

HIV is a serious infection that, without treatment, leads to AIDS and early death. About 1.2 million people are living with HIV in the U.S., and 1 in 5 of them is unaware of their infection. There *is* hope for stopping HIV. Getting medical care and taking HIV medicines lowers the amount of virus in the body, which improves health, lengthens life, and decreases the risk of passing HIV on to others. Yet, only 28 percent of people with HIV are getting ongoing medical care and medicines, and are dramatically reducing the HIV levels in their body.

CDC recommends that youth and adults get tested for HIV at least once. Those at greater risk should be tested once a year or more often. People with HIV should get medical care to improve their health and save their life and the lives of others.

For more information, visit www.cdc.gov/vitalsigns.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.