

# CDC Vital Minute

## Colorectal Cancer – What You Need to Know

*This podcast is presented by the Centers for Disease Control and Prevention. CDC—safer, healthier people.*

Colorectal cancer screening saves lives. Colorectal cancer can affect anyone, and is most often found in people 50 or older. It kills about fifty thousand men and women every year.

As more adults get screened, fewer are getting colorectal cancer. Still, one in three is *not* getting screened as recommended.

Screening can find abnormal growths so they can be removed before turning into cancer, and can find the cancer early, when it's easiest to treat.

If you're over 50, talk to your doctor about getting screened for colorectal cancer. Most insurance plans and Medicare help pay for screening tests. Many states provide colorectal cancer screening services to low-income, uninsured people.

If everybody between 50 and 75 had regular screening tests, more colorectal cancer deaths could be prevented.

Learn more at [www.cdc.gov/vitalsigns](http://www.cdc.gov/vitalsigns).

*For the most accurate health information, visit [www.cdc.gov](http://www.cdc.gov) or call 1-800-CDC-INFO, 24/7.*