

Vital Signs – Defeating Breast Cancer

This program is presented by the Centers for Disease Control and Prevention.

Breast cancer is the second leading cause of cancer deaths among women in the United States. Better screening and treatment have contributed to a decline in breast cancer deaths, however, not all women have benefited equally from these improvements. Black women have the highest death rate from breast cancer compared to any other racial or ethnic group.

We can all help reduce deaths from breast cancer. Health care professionals can ensure that women get the tests and treatment they need on time. Patient navigators can help guide women through the health care system so they get the care they need. Women need to educate themselves about breast cancer, *and* talk with their health care provider about how to reduce their risk.

The full benefit of breast cancer screening is achieved when every woman receives adequate screening, timely follow-up, and high-quality treatment. Learn more at www.cdc.gov/vitalsigns.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.