

CDC: Tips from Former Smokers – Suzy (:30)

This program is presented by the Centers for Disease Control and Prevention.

[Suzy] Hi, my name is Suzy. Apparently a lot of people don't know smoking can cause a stroke. It can. It caused mine. So here's a little tip I have for you. I used to love to travel. Now I can't leave the house by myself. And I can't drive anymore. I used to love to drive. So my tip is: enjoy your independence, while you can.

[Announcer] A message from the US Department of Health and Human Services and CDC.

For the most accurate health information visit www.cdc.gov or call 1-800-CDC-INFO.