

October 2012 Multistate Fungal Meningitis Outbreak

This program is presented by the Centers for Disease Control and Prevention.

CDC and FDA are currently coordinating a multistate investigation of fungal meningitis among patients who received potentially contaminated steroid injections.

You are at risk if you received an injection after May 21, 2012, at one of the 75 facilities in 23 states that received the potentially contaminated steroid. These medications have been recalled.

The type of medication related to the current outbreak is NOT the same as epidural injections given to women during childbirth.

Fungal meningitis is NOT transmitted from person-to-person.

If you have received an injection that was potentially contaminated, carefully watch for signs of infection. Seek medical attention right away if you have *any* of the following symptoms:

- New or worsening headache
- Fever
- Sensitivity to light
- Stiff neck
- New weakness or numbness in any part of your body
- Slurred speech
- Increased pain, redness, or swelling at your injection site

Symptoms of fungal meningitis often appear gradually and can be very mild at first. Patients with infections typically develop symptoms within one to four weeks after their injection.

If patients are concerned about which product was used in their procedure, they should first contact the physician who performed their procedure.

The investigation is ongoing, and daily updates, including case counts by state, are posted to CDC's website www.cdc.gov/hai/outbreaks/meningitis.html.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.