

Don't Be a Zombie, Be Prepared!

[Announcer] *This program is brought to you by the Centers for Disease Control and Prevention.*

[Caydan] Kaya, I was thinking... what if zombies invaded?!?!

[Kaya] Oh Caydan, that can't happen; zombies aren't real!

[Caydan] Okay, okay, but what if they *were* real, how would we get away from them?

[Kaya] I guess preparing for zombies taking over is just like preparing for any emergency, like hurricanes, earthquakes, or tornadoes. We would need an emergency kit.

[Caydan] What kinds of things should we put in our emergency kit?

[Kaya] We'll need flashlights and extra batteries, food and water for three days, blankets, hand sanitizer, bandaids, and a portable radio. I'm sure our parents can think of other stuff.

[Caydan] Oh Kaya! We can't forget about Max The Wonder Dog! What will he do in an emergency?! We need to pack an emergency kit for him, too!

[Kaya] Good thinking, Caydan! We'll pack three days of dog food and water for Max. And we'll throw in his special blanket, some treats, and his favorite toy.

[Caydan] Yeah, and we should probably make an emergency plan with our parents if there's a REAL emergency, like a flood.

[Kaya] *And* we need to make a list of telephone numbers, like the police, fire department, and friends and family we could call during an emergency.

[Caydan] *And*, we need an escape plan. We might need to get out of town *fast*!

[Kaya] We need to talk to our parents and plan where we would go; we should probably plan more than one route.

[Caydan] Kaya, we'll be ready for any kind of emergency now, won't we?! EVEN zombies?!

[Kaya] Don't forget kids, always be *safe* and always be *prepared*!

Thanks for listening to CDC Kidtastics Radio. We'll talk to you again soon. Until then... be a safer, healthier kid!!

[Announcer] *For more health information, go to www.cdc.gov or call 1-800-CDC-INFO.*