

Community Changes Address Common Health Threat

This program is presented by the Centers for Disease Control and Prevention.

Many Americans, including children, are involuntarily exposed to the toxic chemicals in tobacco smoke in their communities and possibly in their own homes. Residents in multi-unit housing settings, like apartments and condominiums, have no protection from a neighbor's secondhand smoke that can drift freely through the windows, walls, and air vents.

There is no safe level of secondhand smoke exposure which can cause a number of health problems, including asthma in children. Many public and private apartment complexes are creating smoke-free residences to help reduce exposure and protect families.

To learn what others are doing to create tobacco-free spaces and make breathing easier where people live, work, learn, and play, please visit makinghealtheasier.org and click on "Reducing Secondhand Smoke" in the "Topics" section.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.