

## Deck Yourself with Flu Protection Song

*[Announcer] This podcast is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.*

*[Sung to the tune of *Deck the Halls*]*

Deck yourself with flu protection,  
Fa la la la la la la la,  
Take the time for vaccination,  
Fa la la la la la la la,  
Take action every day to help you,  
Fa la la la la la la la,  
Take antivirals if doc says to,  
Fa la la la la la la la.

These actions every day can help you,  
Fa la la la la la la la,  
Keep from spreading all kinds of flu,  
Fa la la la la la la la,  
Wash your hands, cover coughs and sneezes,  
Fa la la la la la la la,  
Stay home when sick 'til fever ceases,  
Fa la la la la la la la.

*[Announcer] For the most accurate health information, visit [www.cdc.gov](http://www.cdc.gov) or call 1-800-CDC-INFO, 24/7.*