

Concussion in Sports 3 PSA (:30)

[Teen] Lisa! What did coach say?

[Lisa] She said I had a concussion and can't play until my doctor clears me.

[Teen 2] C'mon, it's barely a ding. You're tough! We need you for the game!

[Lisa] Trust me, I wanna keep pushing. But, I also wanna play solid. It's better to miss one game than the whole season - or maybe even sports for the rest of my life.

[Teen 2] Wow - tough *and* smart!

[Announcer] All concussions are serious so give your brain time to heal. Visit www.cdc.gov/Concussion to learn why.

A message from CDC.