

Blood Sugar & Fears PSA (:30)

Type 2 diabetes is a *serious* chronic health threat in America. It affects tens of millions of people. Many people who have the disease don't know it. Diabetes can cause health problems, such as heart disease, strokes, amputations, and blindness. Talk to your doctor, get screened if you're at risk, and learn how to avoid becoming one of the millions of new cases of diabetes each year. You *can* help prevent Type 2 diabetes.

A message from CDC and HHS.