

Be Brave

This podcast is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.

[Jenny Allen] My name is Jenny Allen, and I'm a mother, a writer, and a performer. I also survived uterine and ovarian cancers. I even wrote a play about that. Maybe you are just cancer-ish, and it'll pass. Before cancer, I took my health entirely for granted, like air. But my symptoms—pain in my abdomen and periods that were heavier and longer than usual for me—related to menopause, I thought. But no. I had cancer. And treatment. If you have symptoms that last two weeks or longer, be brave. Go to the doctor. Ask questions. The odds are you don't have cancer. But find out for sure.

[Announcer] Ovarian and uterine cancers are gynecologic cancers. Signs and symptoms are not the same for everyone.

[Jenny Allen] Now, I'm feeling healthy and happy and hopeful. I am so lucky. I got sick, and then I got better.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.