

Ask CDC

Are You Feeling Sick?

[Announcer] This podcast is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.

Welcome to *Ask CDC*, the weekly podcast that answers *your* questions. I'm your host, Susan Laird.

Our question this week is from someone who isn't feeling well and is very concerned about his condition. He is hoping CDC can answer some questions about his symptoms.

CDC can't answer individual medical questions or provide consultation or suggest a diagnosis. Your personal medical questions are best answered by a doctor or nurse who is most familiar with your condition. Only a healthcare provider can diagnose illness properly, through a physical examination, a careful review of medical records, and lab tests. Your healthcare provider is in the best position to offer guidance or otherwise counsel you on the right course of action for your problem. Although CDC has a wealth of information available for public use, there is no substitute for being seen by your healthcare provider.

For general information, visit our website at www.cdc.gov or call 1-800-CDC-INFO.

Thanks for listening. To submit *your* question to *Ask CDC*, email us at askcdc@cdc.gov.

[Announcer] For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.