

Ask CDC

Parasites

[Announcer] This podcast is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.

Welcome to *Ask CDC*, the weekly podcast that answers *your* questions. I'm your host, Susan Laird.

This week, our question is: “What should I do if I think I have a parasite or parasitic disease?”

See your healthcare provider. Like bacteria and viruses, parasites can be transmitted from people, animals, or insects; they can also be transmitted through blood, water, soil, or food. Some parasites are visible with the naked eye; others aren't because they're microscopic.

Not all parasites lead to diseases. Most parasitic infections can be treated with medication. Your doctor may refer you to a specialist who is more familiar with symptoms of a parasitic infection.

For more information about parasites and parasitic disease, please visit www.cdc.gov and select “Parasitic Diseases” from the A to Z list.

Thanks for listening. To submit *your* question to *Ask CDC*, email us at askcdc@cdc.gov.

[Announcer] For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.