



A MINUTE OF HEALTH WITH CDC

Older Eyes

Healthy Vision Month — May 2016

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[Announcer] This program is presented by the Centers for Disease Control and Prevention.

As we grow older, our vision sometimes isn't as clear as it used to be. As a result, older adults are at increased risk for falling.

Millions of Americans over 65 have some vision loss, including over three million who suffer from severe impairment. Many older adults want to maintain their independence and active lifestyle, but if they have vision problems, they're more likely to experience a fall that could result in a life-altering disability. Early detection and treatment of eye disease is important to either treat or slow the progression of vision impairment.

Older adults should have their eyes examined regularly by an eye-care professional.

Thank you for joining us on a Minute of Health with CDC.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.