CDC Vital Signs
Trucker Safety

This program is presented by the Centers for Disease Control and Prevention.

In 2012 in the United States, about 317,000 motor vehicle crashes involved a large truck. Twenty-six thousand truck drivers and their passengers were injured in these crashes, and about 700 died.

Trucker safety requires an alert, buckled-up, experienced driver, with a reliable vehicle and a strong employer safety program. Seat belts are the *most* effective way to prevent an injury or death in a motor vehicle crash, but in 2013, one in six drivers of large trucks didn't use their seat belts.

Employers can help truck drivers stay safe by committing to driver safety programs at the highest level of leadership; establishing and enforcing driver safety policies, including requiring everyone in the truck to buckle up; and addressing factors that contribute to crashes, such as drowsy and distracted driving.

To learn more, visit cdc.gov/vital signs.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.