



A MINUTE OF HEALTH WITH CDC

Eyes on the Road

Distracted Driving – United States and Seven European Countries, 2011

Recorded: March 12, 2013; posted: March 14, 2013

[Announcer] This program is presented by the Centers for Disease Control and Prevention.

One of the first lessons new drivers learn is to keep their eyes on the road. Unfortunately, cell phones and other electronic devices are causing many drivers to lose their focus and sometimes their lives.

A recent survey found that during the previous month, seven in 10 US drivers had talked on a cell phone, and nearly one third had read or sent a text or e-mail message while driving. Crashes cause over one million deaths each year worldwide, and distracted driving is emerging as a serious threat to road safety.

To help protect yourself and others, pull off the road and take that call or send that message in a parked vehicle.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.