



A MINUTE OF HEALTH WITH CDC

Keeping Young Drivers Safe

Motor Vehicle Crash Deaths in Metropolitan Areas — United States, 2009

Recorded: July 17, 2012; posted: July 19, 2012

This program is presented by the Centers for Disease Control and Prevention.

In the United States, deaths attributed to motor-vehicle crashes continue to decline among all age groups. However, car crashes are still the leading cause of death among people 15 to 24 years old.

Risk factors include inexperience behind the wheel, lack of seat belt use, driving with teen passengers, and drinking and driving. Graduated drivers licensing, using seat belts, and tougher enforcement of drunk driving laws can help prevent deaths.

Parents, give your teens practice in varied conditions and, with your teens, create and sign a parent-teen driving agreement.

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