



A MINUTE OF HEALTH WITH CDC

Kids Will Be Kids

Youth Risk Behavior Surveillance — United States, 2011

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This program is presented by the Centers for Disease Control and Prevention.

Even though motor vehicle crashes are the leading cause of death among teens, a recent survey of high school students found improvements in motor vehicle-related risk behaviors, including seat belt use and drinking and driving. However, too many teens are engaging in other risk behaviors, such as smoking, sexual intercourse, and physical fights. The use of technology among youth has resulted in new risks. One in three high school students texted or e-mailed while driving during the 30 days before the survey. Parents, regularly discuss the dangers of texting while driving with your teen, and be a good role model by not texting while driving.

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