



A MINUTE OF HEALTH WITH CDC

Flu Free Kids

*Characteristics of Mothers Associated with Influenza Vaccination of their
Preschool Children — Oregon, 2006–2008*

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This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

Every year, thousands of preschool-aged children are hospitalized for flu-related complications, second only to elderly adults. Children under two are especially at risk. Public health experts recommend that all children six months or older receive the flu vaccine annually and that previously unvaccinated children eight years and younger receive two doses. Vaccination is the best way to avoid getting the flu and to prevent passing it on to others. If you have a young child, contact your health care provider about flu vaccination.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.