

A MINUTE OF HEALTH WITH CDC

Wash Away Salmonella

Multistate Outbreak of Human Salmonella Typhimurium Infections Associated with Aquatic Frogs — United States, 2008–2009 Recorded: January 19, 2010; posted: January 21, 2010

This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

CDC recently documented the first multistate outbreak of *salmonella* associated with water frogs. Approximately 74,000 cases of *salmonella* each year are caused by contact with reptiles and amphibians, such as turtles and frogs. Their habitats, including aquarium water, are important sources of contamination.

Symptoms of *salmonella* include diarrhea, stomach cramps, and fever. Practicing basic hygiene techniques can decrease your chances of becoming infected with *salmonella*. In addition, keeping these animals out of homes with children under the age of five is strongly encouraged.

Thank you for joining us on A Minute of Health with CDC.

For the most accurate health information, visit <u>www.cdc.gov</u> or call 1-800-CDC-INFO, 24/7.