

Hand Hygiene in Healthcare Settings 1 PSA (:30)

It's important that healthcare providers, including doctors and nurses, either wash their hands with soap and water or use an alcohol-based hand sanitizer both before and after they touch you. Healthcare providers know to practice hand hygiene, but sometimes they forget. You and your loved ones can play a role by asking and reminding healthcare providers to wash their hands, especially while they're caring for you. They don't mind being asked to wash their hands. They want to prevent infections as much as you do.

A message from the CDC.