

Chronic Fatigue Syndrome PSA (:30) Not in My Head

[Man] My memory is shot.

[Woman] My legs feel like lead.

[Man] Every muscle in my body is screaming.

[Woman] So why does everyone think the problem is in my head?

[Female Announcer] Chronic fatigue syndrome can be as isolating as it is debilitating.

Visit www.cdc.gov/cfs for the latest information on diagnosis and management.
cdc.gov/cfs. Get informed. Get diagnosed. Get help.

A public service announcement from the U.S. Department of Health and Human Services, CDC.