

## A MINUTE OF HEALTH WITH CDC

## Colorectal Screening

Vital Signs: Colorectal Cancer Screening, Incidence, and Mortality — United

States, 2002–2010

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Early diagnosis is the key to successfully surviving any type of cancer. It's especially important for colorectal cancer, one of the most commonly diagnosed cancers in the U.S. Every year, it kills about fifty thousand men and women.

Colorectal cancer screening can prevent cancer by identifying and removing abnormal growths before they turn into cancer. Screening can also find cancer early, when it's easiest to treat. Regular screening is recommended for anyone between 50 and 75. If you're over 50, talk to your health care provider about getting screened for colorectal cancer.

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