



## A MINUTE OF HEALTH WITH CDC

### *Smoke in Your Eyes*

State and Local Comprehensive Smoke-Free Laws for Worksites, Restaurants, and Bars — United States, 2015

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*[Announcer] This program is presented by the Centers for Disease Control and Prevention.*

Inhaling smoke from someone else's cigarette can cause serious health problems, including stroke, lung cancer, and heart disease in adults, and sudden infant death syndrome, respiratory problems, and ear infections in children. Each year in the U.S., secondhand smoke causes 41,000 deaths in nonsmoking adults and 400 infant deaths. There is *no* safe level of exposure to secondhand smoke. Over half of states and more than 800 communities have enacted laws that prohibit smoking in public indoor places. Smoke-free laws are critical to protect nonsmokers from the dangers of secondhand smoke.

Thank you for joining us on a Minute of Health with CDC.

*For the most accurate health information, visit [www.cdc.gov](http://www.cdc.gov) or call 1-800-CDC-INFO.*