



A MINUTE OF HEALTH WITH CDC

Kids in Cars

National Child Passenger Safety Week — September 14–20, 2014

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[Announcer] This program is presented by the Centers for Disease Control and Prevention.

The proper use of child passenger restraints saves lives. Motor-vehicle crashes are a leading cause of death among children in the U.S. In 2012, nearly 1200 kids under 15 died as a result of a car crash. Over the last 35 years, more than 10,000 children were saved in a crash by using car seats.

All children under 13 should be buckled in the *back* seat. Kids under two should be in rear-facing car seats and those five and under should be in forward facing car seats. Between ages 8 and 12, booster seats are recommended until seat belts fit properly.

Thank you for joining us on a Minute of Health with CDC.

[Announcer] For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.