



A MINUTE OF HEALTH WITH CDC

Young Smokers

Current Tobacco Product Use Among Middle and High School Students – United States, 2011-2012

Recorded: November 19, 2013; posted: November 21, 2013

[Announcer] This program is presented by the Centers for Disease Control and Prevention.

Emerging tobacco products, such as e-cigarettes, are gaining popularity among middle and high school students. While use of *these* products has increased, cigarette smoking and tobacco use, overall, has *not* declined.

A large number of kids are smoking cigars and hookahs which *can* be as dangerous as cigarettes. Tobacco use can cause cancer, heart disease, stroke, and lung disease, and is the leading cause of preventable death in the U.S.

Strategies to prevent and reduce tobacco use include 100 percent smoke-free policies, higher tobacco prices, hard-hitting media campaigns, and programs to help people quit.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.