



A MINUTE OF HEALTH WITH CDC

Beware: It's Mosquito Season

West Nile Virus and Other Arboviral Diseases – United States, 2012

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[Announcer] This program is presented by the Centers for Disease Control and Prevention.

West Nile and other arboviruses are transmitted primarily through the bite of an infected mosquito or tick. These viruses cause thousands of people to get sick each summer. In 2012, there was a substantial increase in the number of West Nile cases reported in the U.S. The number and severity of outbreaks depend on the weather, the number of animals and mosquitoes that spread the virus, and human behavior.

Reduce your chances of becoming infected by using insect repellent. In addition, secure windows and doors to keep mosquitoes out and empty standing water from outdoor containers where mosquitoes can breed.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.