



A MINUTE OF HEALTH WITH CDC

Buckle Up on Every Trip

Click It or Ticket Campaign – May 20-June 3, 2013

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[Announcer] This program is presented by the Centers for Disease Control and Prevention.

Motor-vehicle crashes are among the leading causes of injury-related deaths in the U.S. and result in more than three million emergency department visits each year. Proper seat belt use is the best way to prevent serious injuries and deaths in car crashes. In 2011, seat belts saved an estimated 12,000 lives. Many states require everyone in the vehicle to wear seat belts or face a fine. Although most people in the U.S. use seat belts, millions still don't. Buckle up in every seat, on every trip, every time. It could be a life or death decision.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.