## A MINUTE OF HEALTH WITH CDC

## Take a Moment for a Mammogram

Racial Disparities in Breast Cancer Severity – United States, 2005-2009 Recorded: November 13, 2012; posted: November 23, 2012

This program is presented by the Centers for Disease Control and Prevention.

For the past two decades, breast cancer death rates in the US have been declining, thanks to early detection and advances in treatment. Despite this progress, breast cancer remains the second most common cause of cancer deaths among women. Each year, more than 200,000 American women have breast cancer diagnosed. Regular mammograms are the most effective way to screen for breast cancer, and timely follow-up after an abnormal result and treatment for cancer are critical steps to the best outcomes. Women, talk to your health care provider about getting screened for breast cancer.

Thank you for joining us on A Minute of Health with CDC.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.