

## A MINUTE OF HEALTH WITH CDC

## Teen Drinking and Driving

Drinking and Driving Among High School Students Aged ≥16 Years — United States, 1991-2011

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This program is presented by the Centers for Disease Control and Prevention.

The percentage of teens that drink and drive has decreased by more than half in the past 20 years. Still, nearly one million high school students age 16 and older drank alcohol and got behind the wheel in 2011. Teens are three times more likely than more experienced drivers to be in a fatal crash, and drinking greatly increases this risk. Factors that help keep teens safe include minimum legal drinking age, zero tolerance laws, and graduated driver licensing systems. Parents can also play a role by talking to teens about the dangers of drinking and driving.

Thank you for joining us on A Minute of Health with CDC.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.