



A MINUTE OF HEALTH WITH CDC

Keeping Kids Safe

Unintentional Injury Deaths Among Persons Aged 0–19 Years — United States, 2000–2009

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This program is presented by the Centers for Disease Control and Prevention.

Injuries are the leading cause of death among people 19 years and younger in the US. While child injury deaths have decreased, suffocation among infants and teen poisoning deaths have increased.

To help protect from suffocation, place babies on their back on a firm sleep surface, with no loose bedding, soft toys, or pillows.

To help prevent teen poisonings, store your prescription drugs, especially painkillers, in a secure place and dispose of them properly.

For more information about keeping kids safe, visit www.cdc.gov/safechild.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO.