This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

Opening our eyes each morning to see the world around us is something we often take for granted. But vision problems can impact all areas of our lives, impairing the ability to engage in basic tasks, such as reading, taking a walk, or driving a car. Poor vision also affects our communities. Millions of people in the US have undetected vision problems and eye diseases. Early detection and timely treatment can delay the onset of eye disease and help prevent vision loss. If you haven't had your eyes checked recently by a professional, make an appointment today.

Thank you for joining us on A Minute of Health with CDC.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.