



A MINUTE OF HEALTH WITH CDC

Encountering Epilepsy

National Epilepsy Awareness Month — November 2010

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This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

Epilepsy is a common brain disorder characterized by recurring seizures. Epilepsy can result in symptoms ranging from a momentary disruption of the senses, to short periods of unconsciousness or staring spells, to convulsions. For many, epilepsy has no identifiable cause; however, factors that could contribute include a genetic disorder, head injury, stroke, or brain infection. Although it can occur at any age, epilepsy usually begins in young children or older adults. If you or someone you know has had a seizure, get an evaluation by a doctor experienced in recognizing and treating people with epilepsy.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.