

A MINUTE OF HEALTH WITH CDC

Teen Driver Safety

Fatal Crash Involvement by Drivers Aged 16–17 Years — United States, 2004–2008 Recorded: October 12, 2010; posted: October 21, 2010

This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

For a teenager, the excitement of getting a driver's license can overshadow the responsibility of operating a car. Motor-vehicle crashes are the leading cause of death among adolescents in the U.S. Fatalities in this group are highest the first few years of independent driving. Graduated drivers' license programs reduce teen fatalities by allowing them to get driving experience under low-risk conditions, such as limiting driving at night and with teen passengers. Before teens are allowed to drive alone, parents should model good habits and supervise their teen's driving often, in a variety of road conditions.

Thank you for joining us on A Minute of Health with CDC.

For the most accurate health information, visit <u>www.cdc.gov</u> or call 1-800-CDC-INFO, 24/7.