



A MINUTE OF HEALTH WITH CDC

A Century of Sickle Cell

Sickle Cell Awareness Month — September, 2010

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This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

Nearly one hundred years ago, the first case of what became known as sickle cell disease was documented. It's an inherited blood disorder that affects more than 100,000 persons in the United States. The disease is more prevalent in blacks, Hispanics, and some Asian Americans. Sickle cell disease can lead to complications, such as infection, stroke, extreme pain, and even death. Bone marrow transplants are a cure, but unfortunately, it's not an option for most people. There are treatments available that can decrease the number and severity of painful episodes, as well as reduce the risk of complications that can result from the disease.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.